

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Charcuterie Board	Y Whe Bar				Y		Y Unknown			Y				Y	
Cumin Hummus - Khobez Flat breads, olive oil	Y Whe							Y				M	Y		1
Gordal Olives - olive oil, rock salt														Y	1
Selection of breads, whipped butter, olive oil, balsamic	Y Whe Rye Bar								Y	Y					1
Smoked Almonds (vg)					Y		Y Unknown								1
Sweet & Salted Popcorn															
Eggs Benedict	Y Bar								Y	Y					2
French Toast										Y					2

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Pancakes, - Candied Banana & Whipped Coconut Cream(V)	Y Whe Rye Bar Oat								Y	Y	M	M			1
smashed avocado on toast	Y Whe Rye Bar Oat				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M			M	M	Y	M	
smoked salmon sourdough toast	Y Whe			Y					Y	Y					1
The Bothy Full Scottish	Y Whe Oat						M Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	2
The Bothy Full Veggie Breakfast	Y Whe Bar Oat								Y	Y					2
Copy of Cullen Skink with mussels - Artisan Bread & Butter -	Y Whe Rye Bar Oat		Y	Y			M Haz Wal	M		Y			M		1
Goats cheese, red pepper roulade	Y Bar			Y						Y					
salmon and crab cakes	Y Whe Bar	Y		Y					Y			Y		Y	
seared king scallop			Y	Y						Y	M	M			
smoked duck	Y Whe Bar						M Haz	M	Y	Y	Y	M	M	Y	
Tomato & Red Pepper Soup, crème fraiche (V)	M Whe							Y		Y		M		Y	1

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Wild mushroom filo	Y Whe								Y	Y	M	M		Y	1
PORK CHOP										Y					1
Add Chicken (Lemon & Rosemary)								Y							
Baked Aubergine & Wild Mushroom Risotto	Y Bar							Y		Y	Y	Y		Y	1
Braised Beef, Sweet Pot Mash, Root Veg, Red Wine Jus	M Whe Bar							Y		Y	Y	Y	M	Y	1
Chicken Tikka Marsala Burger	Y Whe Rye Bar Oat				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	Y	M	M	Y	M	1
CLASSIC CAESAR SALAD, ROASTED CHICKEN BREAST, CRISPY PANCETTA, GARLIC AND HERBS CROUTONS, PARMESAN SHAVINGS, SOFT BOILED EGG	Y Whe			Y	M		M Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y		Y			
FISH AND CHIPS, CRISPY BATTER HADDOCK, HAND CUT CHUNKY CHIPS, HOMEMADE MINTY MUSHY PEAS, TARTAR SAUCE, LEMON WEDGE	Y Bar			Y					Y			Y			1
Four Cheese Mac N Cheese (v) garlic bread tomato salad	Y Whe Rye Bar Oat						M Haz	M	Y	Y		Y	M	Y	1
Gammon Steak, Egg, Chips, Pineapple Chutney									Y	Y					1
Lobster Mac N Cheese	Y Whe Rye Bar Oat	Y					M Haz	M	Y	Y		Y	M		2

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medley of Monkfish, Scallop, Prawn		Y	Y	Y						Y				Y	
Moving Mountain® Burger (vg) Brioche Style Bun, Sliced Onion, Iceberg, Gherkin, Lettuce, Tomato	Y Whe Rye Bar Oat						M Alm Brz Cas Mac Pec Pis Wal	Y					M		1
old delhi style butter chicken, rice, flatbread	Y Whe				M		Y Alm Brz Cas Haz Mac Pec Pis Wal			Y		M			
Rump Steak hand cut chips										Y					1
Scotsman Core Cheeseburger	Y Whe Rye Bar Oat				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	Y	Y	Y	Y	Y	1
Sirloin steak and chips										Y					1
Caesar Salad, Sourdough Croutons, Parmesan, Soft Boiled Egg, Crispy pancetta, Caesar Dressing	Y Whe Rye Bar Oat			Y			M Haz Wal	M	Y	Y			M		1
Hot smoked salmon & Crab Salad	Y Bar	Y		Y					Y	Y				Y	
SUPER FOOD SALAD					M		Y Alm Brz Cas Haz Mac Pec Pis Wal							Y	
Copy of Club Sandwich	Y Unknown							Y	Y			Y		Y	1

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hummus and charred veg sandwich	Y Whe Rye Bar				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M			M	M	Y	M	1
Mfield - Roast Beef & Horseradish Sandwich	Y Whe						M Haz		Y	M		Y	M		1
smoked salmon & prawn Marie Rose (sand)	Y Whe Bar	Y		Y				M	Y		Y	Y			
Copy of Copy of SHARING BOARD Charcuterie And Cheese	Y Whe Bar						M Alm Brz Cas Haz Mac Pec Pis Wal			Y		M		Y	2
MFIELD - Buttered Curry, Rice & Flatbread	Y Whe							Y		Y	Y	M		Y	1
Selection of Artisan Breads	Y Whe Rye Bar				M		M Alm Brz Cas Haz Mac Pec Pis Wal			Y				Y	1
Add Bearnaise									Y	Y				Y	
add blue cheese sauce										Y				Y	
Add diane sauce	Y Bar			Y				Y		Y		Y		Y	
beer battered onion rings	Y Whe Bar							M						Y	
Buttered Baby Potatoes										Y					

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Copy of Onion Rings - Side	Y Whe Bar							Y						Y	1
Garlic Sourdough - Side															1
garlic sourdough bread															
Parmesan & Truffle Fries									Y	Y					1
peppercorn sauce								Y		Y	Y			Y	
Roast carrots & coriander															
Side - Mini House Salad (vg)												Y		Y	1
Skinny Fries - Side															1
tender stem broccoli & smoked almonds					Y		Y Unknown								
Thick Chips															1
Coconut & White Choc Cheesecake, Mango & Mint Compote	Y Whe Rye Bar Oat							Y		Y	M	M	M	Y	
Dessert - Arran Ice Cream Selection					M		M Alm Brz Cas Haz Mac Pec Pis Wal			Y					
Guinness STP S25	Y Whe Rye Bar Oat				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	Y	M	M	M	Y	

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Seasonal Scottish Cheese Board - Murrayfield	Y Whe									Y	Y				
Vanilla Pannacotta, Poached Berries, Fruits, Sorbet	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal			Y				Y	

* Allergens marked with 'M' may contain that allergen.

Yes

May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts